

## Do you know what climate shelters are?



They are places where you can protect yourself from excessive heat or cold if you don't have sufficient thermal comfort at home.



They are places that keep their regular use. Some are indoors, such as libraries, civic centres or museums.



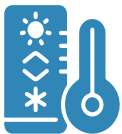
There are outdoor ones too, such as parks or block interiors (only during the hot weather session).



They are all free, apart from the municipal swimming pools, which have fixed public-sector prices and discounts.



Ideally they are easy to get into, offer free water and have chairs or benches to sit on.



In indoor spaces, a set temperature of 26°C is recommended for air-conditioning systems during hot weather and 21° in cold weather periods.



They are intended for people who are vulnerable to heat or cold, such as babies, the elderly, or people with chronic illnesses, as long as they do not require medical attention.

# CLIMATE SHELTERS

Use this space to shelter from heat

L'Eixample

**PLEASE NOTE.** Some climate shelters may close at weekends or during August.

Check their up-to-date opening times at [barcelona.cat/refugisclimatics](https://barcelona.cat/refugisclimatics) or call the freephone 010

